



# ARSHA VIDYA ONTARIO

OFFERS A SERIES OF LECTURES BASED ON VEDANTA PHILOSOPHY BY

**SWAMINI PARAPRAJNANANDA SARASWATI**



Swamini Paraprajnananda Saraswati is an erudite Sanyasini well versed with the knowledge of the Scriptures-Upanishads, Bhagavad Gita, Brahmasutra and other Vedantic texts. She is a senior disciple of Swami Veditatmananda Saraswati.

Swamini Paraprajnananda Saraswati has been teaching Vedanta for the past 20 years in India. She has also conducted series of talks on Vedanta in different cities of USA and Canada since 2016. Swamini abides in the knowledge of the self and is also expert in imparting this knowledge to others. The depth of Swamini's wisdom and her art of teaching which is at once profound and lucid make her an expert teacher from whom learning is a joy.

Swamini Paraprajnananda Saraswati's experience as a professor of English in the past facilitates her to adeptly handle the subject at hand and communicate it to the audience. Besides being a gifted teacher, Swamini is also very simple, loving and compassionate as a person.

## **Topic: Rarity of three: Birth as human being, Desire for freedom, Finding a right teacher**

Venue: Anand Bhavan Seniors Home, Vishnu Mandir (8642 Yonge Street, Richmond Hill, ON L4C 6Z4)

Wednesday	Jun 19	Evening	7:00 pm-8:30 pm
Thursday	Jun 20	Evening	7:00 pm-8:30 pm
Friday	Jun 21	Evening	7:00 pm-8:30 pm

## **Topic: Freedom from Stress**

12 Lytton Blvd., Richmond Hill, ON L4B 3H2 (Jairath Residence)

Thursday	Jun 20	Morning	10:00 am-11:30 am
Friday	Jun 21	Morning	10:00 am-11:30 am

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## **Saturday, Jun 22, 2024 ONE DAY RETREAT 7:30 am to 12:30 pm**

Registration Time: 7:30 am – 8:00 am

## **Topic: Self must be known, reflected and meditated upon**

Registration fee for the retreat is \$30.00

*Light breakfast will be served.*

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Please Contact: Neelam Jairath (647) 204-4326, Mahendra Shah (905) 773-2689, Rajesh Patel (416) 846-5282