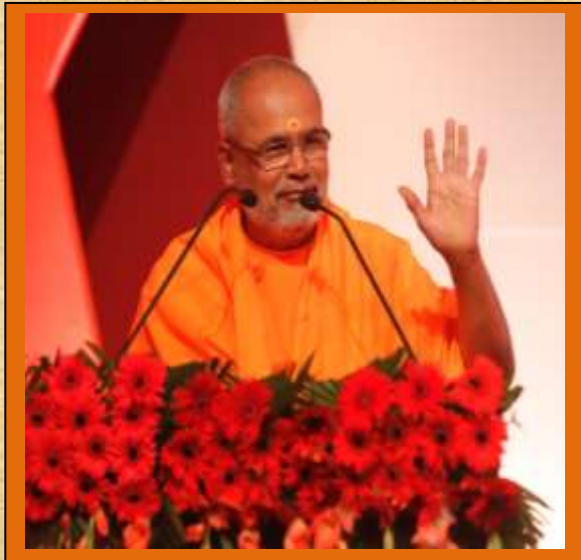




# ARSHA VIDYA ONTARIO

OFFERS A SERIES OF LECTURES BASED ON VEDANTA PHILOSOPHY BY

H.H.SRI SWAMI PARAMATMANANDA SARASWATI



Pujya Swami Paramatmanandaji is not only a brilliant teacher of Vedanta, but a delightful, compassionate man with a great sense of humour. He is a senior disciple of Parama Pujya Swami Dayananda Saraswatiji, and founder and head Acharya of the Arsha Vidya Mandir, in Rajkot. Swamiji is also the convener of the Hindu Dharma Acharya Sabha, a Hindu Dharma body founded by Sri Parama Pujya Swami Dayanandaji. He has, not only a profound commitment to the teaching of Vedic Knowledge, but also to the Vedic way of life, or living the dharma. Swamiji's teaching along with his activities as convener of Hindu Dharma Acharya Sabha is a clear demonstration of this.

## BHAGAVAD GITA CHAPTER 5 (Selected Verses)

*Anand Bhavan Seniors Home, Vishnu Mandir (8642 Yonge Street, Richmond Hill, ON L4C 6Z4)*

Monday	Oct 9	Evening	7:30 pm-9:00 pm
Tuesday	Oct 10	Evening	7:30 pm-9:00 pm
Wednesday	Oct 11	Evening	7:30 pm-9:00 pm
Thursday	Oct 12	Evening	7:30 pm-9:00 pm
Friday	Oct 13	Evening	7:30 pm-9:00 pm

14 October, 2023 Saturday **ONE DAY RETREAT** 8:30 am to 1:30 pm

Registration: 8:30 am – 9:00 am

## **Topic: Yama and Niyama**

Registration fee for retreat is \$50.00

*Light breakfast and vegetarian lunch will be served*

Venue: Langstaff Community Centre, Yorkshire Room, 155 Red Maple Rd, Richmond Hill, ON L4B 4P9

Please Contact: Mahendra Shah (905) 773-2689, Rajesh Patel (416) 846-5282 (Text only)